

Design Speaks Collection Season Two.

Frame of Mind: Designing for Mental Health

October 2022 – January 2023

LEARNING OUTCOMES

Participants who attend Frame of Mind: Designing for Mental Health (Design Speaks Collection Season Two 2022/2023) will be able to:

- Identify ways in which poorly designed healthcare spaces can exacerbate patient anxiety and stress; and, conversely, understand how architecture that takes into account mental health can lead to improved health outcomes.

AACA Competency: Project Initiation and Conceptual Design; PC19, PC25.

- Compare case study health care projects that are designed for better mental health outcomes.

AACA Competency: Project Initiation and Conceptual Design; PC24.

- Recall research from leading scholars investigating behavioural, affective and psychological reactions to the physical environment.

AACA Competency: Project Initiation and Conceptual Design; PC28.

FORMAL ASSESSMENT

- Identify three ways in which architecture might be able to support mental wellbeing within health care environments.

- Identify a specific speaker that challenged you to think differently about designing for mental health.

- What are some of the challenges involved in integrating best-practice design for mental wellbeing into different health care environments?

- Give an example of a design strategy discussed in this session that could be adapted to other types of health care environments.

- Describe an area of research covered in this session that is relevant to your own practice. How is it relevant?

- Were there any issues raised in this session that you feel require further exploration?

NOTE:

Attendance certificates will be issued via email from 31 January 2023 pending verification of your attendance by the platform's analytics. This is not an automated process, so please allow time for these to be issued.

DS. 2 Formal
CPD Points