

Design Speaks.

# Health Care / Health Design

## Session 2 – The Psychology of Care: Designing for Mental Health

Tuesday, 10 October 2023

### LEARNING OUTCOMES

Participants who attend Health Care / Health Design 2023 – Session 2 will be able to:

- Identify ways in which poorly designed healthcare spaces can exacerbate patient anxiety and stress and, conversely, understand how architecture that takes into account mental health can lead to improved health outcomes.

AACA Competencies: Project Initiation and Conceptual Design; PC19, PC25.

- Assess case studies presented in this session and investigate how they have incorporated empathy into the design of the healthcare facility.

AACA Competencies: Project Initiation and Conceptual Design; PC24, PC29.

- Recall and speculate on architectural interventions and research that address behavioural and psychological reactions to the physical environment.

AACA Competencies: Project Initiation and Conceptual Design; PC28, PC34.

### FORMAL ASSESSMENT

- List three ways the design of a healthcare facility impacts a patient's mental wellbeing.

- What are some of the challenges involved when designing for environments that cater for mental healthcare?

- Identify a specific speaker that challenged you to think differently about designing for mental health.

- Give an example of a design strategy discussed in this session that could be adapted to an Australian context.

- Describe how the material presented in this session will directly influence your design practice.

- Were there any issues raised in this session that you feel require further exploration?

NOTE: Attendance certificates will be issued via email from 22 November 2023.

**DS.** 2 Formal  
CPD Points